

SNOW SPORTS RISK ASSESSMENT

Benefit statement

Snow sports a great way to engage people in healthy activity, which is usually combined with experiencing a different culture on an overseas visit. Indoor or dryslope skiing is a good way to engage in the sport, whilst gaining experience for skiing or snowboarding in a real mountain environment.

Introductory statement

For every session there will be a dynamic risk assessment on arrival and will be on going throughout the activity session. Events are not held with the aim of teaching people to ski or snowboard. For lessons, members are signposted to relevant third party organisations. Members attending events must be able to ski or snowboard prior to taking part in the activity. Indoor or dryslope activities are only run at fully operational indoor or dryslope centres. Events taking place at these centres are delivered under the operational terms of each individual centre. Clear briefings & supervision is given throughout the activity. All participants are asked to share relevant previous & existing medical issues prior to being able to register for the activity. Leader to group ratio amended as required. All accidents and incidents are recorded and appropriate action undertaken as required.

<u>INDOOR / DRY SLOPE</u>			
Hazards arising from activity		Control measure(s) in place to reduce risk from each hazard	Arrangements to ensure the control measure(s) continue to be effectively implemented
GENERAL	Injury due to falling or collision with another skier / boarder or an inanimate object	Group members wear or carry clothing appropriate for the specific activity and venue. Appropriate briefing particularly re-falling over / collision. Centre should have an appropriate policy.	
KIT	Injury due to faulty or ill-fitting equipment	Ski's issued and set according to member's height and weight. All wear long sleeves, trousers and thick gloves. Centre should have an appropriate policy.	



OUTDOOR SKIING / SNOWBOARDING			
Hazards arising from activity		Control measure(s) in place to reduce risk from each hazard	Arrangements to ensure the control measure(s) continue to be effectively implemented
GENERAL	Injury due to falling or collision with another skier / boarder or an inanimate object	<p>Group members wear or carry clothing appropriate for the specific activity and venue.</p> <p>Group members given prior information about ski runs and appropriate routes that can be taken.</p> <p>Appropriate briefing particularly re-falling over / collision.</p> <p>All wear appropriate ski wear and eye protection.</p>	
KIT	Injury due to faulty or ill-fitting equipment	<p>Organiser to ensure members check that their own kit is not damaged or unsafe to use.</p> <p>Skis, boards and boots only to be hired from reputable organisation.</p>	
WEATHER	<p>Extreme weather / avalanche</p> <p>Sunburn</p> <p>Hypothermia / hyperthermia</p>	<p>Organiser to check weather forecast prior to activity & observe conditions throughout. If necessary change plans, amend route & move to safety.</p> <p>Organisers will modify or curtail the activity if prevailing conditions are inappropriate for the group or the planned activity.</p> <p>Ensure participants have suitable & adequate clothing.</p> <p>Remind participants about sun protection.</p>	